

Saturday Rotation Schedule

All Aerobic Classes Begin at 9:am

January 7 th, Koni with Step

January 14th, Anita with Zumba

January 21st, Shanda with Turbo Kick

January 28th, Paul with R.I.P.P.E.D.

February 4th, Amy with PiYo

February 11th, AJ with Zumba

February 18th, Shanda with Turbo Kick

February 25th, Paul with R.I.P.P.E.D.

March 4th, Kim with Intervelocity

March 10th, Gina with Zumba

March 17th, Shanda with Turbo Kick

March 24th, Paul with R.I.P.P.E.D.

March 31st, Christina with step

